

This program is aimed at training candidates for the job of a “Patient Care Assistant” in the “Healthcare”

Duration -6 MONTHS

eligibility-10 pass

## General Duty Assistant-Curriculum\Syllabus:-

### General Duty Assistant (GDA) Course Details

#### General Duty Assistant Course Objective and Curriculum

The General Duty Assistant (GDA) course trains students to work as nursing aides in hospitals, nursing homes and home care scenarios. As part of the curriculum, students learn how to provide basic nursing care and manage ill patients. The course involves 4 months of classroom training followed by 2-months on-job training. A GDA works in close collaboration with doctors, nurses and other healthcare providers. The nursing assistant course lays special emphasis on inculcating empathetic and ethical behaviour beyond patient care. Some of the key responsibilities of the General Duty Assistant are to provide daily care, look after the patient’s comfort, safety and health needs.

#### The General Duty Assistant (GDA) course curriculum covers the following topics:

- Basic human anatomy & physiology
- Understanding hospitals & the healthcare system
- Caring for the visually impaired
- Basic nursing skills
- Disposal of medical waste
- Understanding body mechanics
- Fall prevention care and restraints
  
- General health & hygiene
- Special skin care for radiotherapy and pressure sores
- Role of a patient care assistant
- Administering drugs as per prescriptions
- Daily care of a patient
- Patient handling, lifting, and transferring
- Emergency first aid and CPR



#### JOB/WORK LOCATION

- Hospitals
- Old age homes
- Patient’s homes
- Community care centre’s

#### DESCRIPTION

- Assist in basic patient care
- Dressing and feeding patients
- Helping patients exercise, assisting patients in and out of bed
- Patient’s hygiene
- Any extra care as required including housekeeping

